

It's NOW. The Astrological New Year

Aries, Fire, and an Ancient Persian Tradition



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Hi, I'm Fhove

I explore life's mysteries through the lens of astrology, tarot, and the unconscious. My work is dedicated to helping you uncover your soul's purpose by embracing every part of yourself—the light and the shadow. I believe that true self-knowledge is the key to liberation.

Through deep reflections on astrology, symbolism, and personal evolution, I aim to inspire you to step into your authenticity with confidence—free from fear, beyond expectations.

✓ Subscribed

We are at the very beginning of the Astrological New Year. Yes it's here! Can you feel it? That **electric, restless, gotta-do-something energy** humming in the air? It's like the cosmic equivalent of your mo

ning coffee kicking in—except this isn't just any morning. This is *THE* morning. The moment the Sun waltzes into Aries, kicks over the dreamscape of Pisces, and yells, "Wake up! It's go-time!" Like my father when I was a kid in my bed dreaming that I was getting dressed to go to school.

And let's be honest, after floating in the depths of Pisces season—where we've been marinating in emotions, nostalgia, and possibly too much Scapism—it's about time we got a little fire under our feet.

Equinox: When the Universe Hits the Reset Button

Here's the deal: it's not just us astrology nerds making a big deal about this day. The whole world is vibing with it. It's the **Vernal Equinox** in the Northern Hemisphere and the **Autumnal Equinox** in the Southern. That means balance—day and night doing a perfect 50/50 split, like celestial co-parents agreeing on custody for the next season.

And get this: I have just learned that cultures all over the globe have been throwing parties for centuries to mark this exact cosmic reset.

✨ In Iran and across the Middle East and Central Asia, it's **Norouz**, a festival so ancient it predates most modern religions. It's all about renewal, abundance, and cleansing out the old energy (which, let's be honest, we all need).

✨ The **Bahá'í calendar** starts fresh today, marking a spiritual beginning for its followers.

✨ Pagans and Wiccans are out there honoring **Ostara**, the festival of fertility and rebirth.

✨ In Japan, it's literally "**Vernal Equinox Day**," a public holiday dedicated to balance, reflection, and honoring ancestors.

✨ In China, it's **Chunfen**, a time when yin and yang harmonize before shifting into new seasonal energy.

✨ in Australia, this day is extra special because we also celebrate **Harmony Day (21.03)**, a time to honor **cultural diversity, inclusion, and unity**. It's a perfect reminder that while Aries season pushes us toward **individual strength**, true power comes when we **stand together**.



Nowrooz is a time of renewal, rejuvenation, and reflection. It is a time to put the past behind and focus on the future. The days leading up to Nowrooz are filled with cleaning and decluttering the home, as it is believed that a clean home will bring good luck in the new year. People also purchase new clothes to wear on Nowrooz, as this is a symbol of starting fresh and beginning anew

Aries, Fire, and an Ancient Persian Tradition

I recently came across a **Persian cultural tradition** that immediately struck me as deeply connected to Aries season. It's called **Haft-Seen**, a New Year's table filled with symbolic items, each carrying a powerful message about growth, renewal, and strength—exactly the kind of energy Aries brings into our lives.

This tradition is part of **Norouz**, the Persian New Year, celebrated at the **Spring Equinox**—the same moment when the Sun enters Aries, marking

the **Astrological New Year**. Norouz is an ancient festival, honoring the rebirth of nature, the turning of the cosmic wheel, and the fire that fuels new beginnings.

Sound familiar? Aries, the **first sign of the zodiac**, is ruled by Mars, the planet of action, courage, and passion. It's the **fire that initiates life**, the warrior's call to step forward boldly. The **Haft-Seen** tradition carries that same essence—a reminder that every new cycle demands courage, intention, and the willingness to grow.

So, let me introduce you to these **seven sacred symbols** and how they align with the universal themes of Aries.

The Seven 'S' Symbols of Norouz & Their Aries Connection

Sabzeh (Sprouted Wheatgrass) → Growth & Renewal

Just like Aries ignites a new cycle, Sabzeh represents fresh beginnings, reminding us that life is always in motion. The seeds we plant now—physically, emotionally, spiritually—determine the journey ahead.

Samanū (Wheat Pudding) → Strength & Resilience

A slow-cooked dish made from wheat, Samanū symbolizes **endurance and patience**. Aries teaches us that strength isn't just about raw energy—it's also about sustaining momentum and trusting the process.

Senjed (Lotus Tree Fruit) → Love & Attraction

This fruit represents **deep love and commitment**. Aries may be fiercely independent, but its fire is also magnetic. When we fully embrace our authentic selves, we naturally attract the right people and opportunities.

Serkeh (Vinegar) → Wisdom & Maturity

Vinegar symbolizes age and patience—qualities Aries often struggles with. This is the lesson Aries must learn: true warriors don't just charge ahead blindly; they **reflect, adapt, and grow wiser** with experience.

Sīb (Apple) → Beauty & Vitality

The apple represents health, beauty, and vitality—pure Aries energy. It reminds us that passion and enthusiasm are magnetic forces, and when we honor our inner fire, we radiate confidence.

Sīr (Garlic) → Protection & Strength

Garlic wards off negativity and protects against harm, much like Aries' **natural instinct to defend** what matters. Aries teaches us to **stand strong, set boundaries, and move forward with fearless conviction.**

Somāq (Sumac Berries) → The Rising Sun

Sumac's vibrant red hue represents the **first light of dawn**—a perfect metaphor for Aries, the zodiac's first spark. Every Aries season is a sunrise, a chance to **start fresh, unafraid and unapologetic.**

Beyond the 'S' Symbols: More Universal Aries Themes

The Haft-Seen table also includes objects that, while not beginning with "S," hold universal significance:

- **A Book (Wisdom & Knowledge)** → Aries' fire is most powerful when guided by insight.
- **Candles (Enlightenment & Purpose)** → Like Aries, fire illuminates and leads the way forward.
- **Eggs (Fertility & New Life)** → Every action we take now is the seed of something greater.
- **Goldfish (Progress & Movement)** → Aries doesn't stay still. It moves, it evolves, it forges ahead.
- **Mirror (Self-Reflection)** → Aries thrives on authenticity—knowing who you are is the first step in claiming your power.

✓ **Subscribed**

From Dreamland to Action Mode: The Aries Surge

Pisces season had us deep in our feels, reflecting, dissolving, surrendering. Beautiful? Yes. But also, let's be real—kind of exhausting. Enter Aries: the astrological equivalent of a triple shot of espresso.

Aries doesn't wait for permission. Aries doesn't overthink it. Aries sees the door and walks through it before you've even figured out where it leads. This is raw, untamed, *I'll-figure-it-out-later* energy, and honestly, sometimes that's exactly what we need. Overthinking kills momentum. Aries *is* momentum.

So, what does this mean for you? It means if you've been waiting for a *sign* to start something—this is it. Want to launch a project? Do it. Thinking of making a bold move? Now's the time. The stars have literally hit the cosmic refresh button and handed you a blank page. How are you going to fill it?

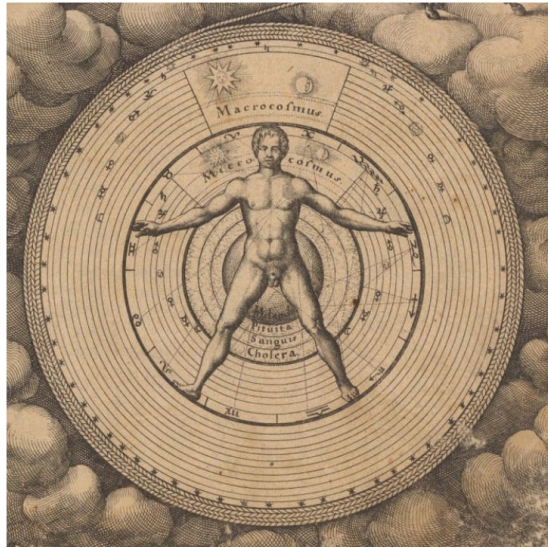
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The Art & Science of the Cosmos: Give Some Love to Astrology

Let's take a moment to appreciate the real MVP: astrology.

For thousands of years, it has guided sailors across oceans, kings to their destinies, and your grandma to the best time to plant her tomatoes and in the background always helped human kind to create their internal cosmos. It's both an art and a science—a celestial map that has helped humanity navigate the seen and unseen. Today, astrologers all over the world are holding events, ceremonies, and rituals in honor of this day. But even if you're just vibing at home, take a second to send up a little

gratitude for the cosmic intelligence that has been lighting our way since forever.



The 5 Big Calls of 2025

With so many cosmic shifts happening, what are the major themes we need to pay attention to in this new astrological year? Let's break it down:

1. The Call for Wholeness and Leadership

Saturn in Aries is demanding that our actions have **structure and responsibility**. The raw impulse of Aries will need to be accompanied by **planning and patience** if we want our projects to be sustainable in the long run. No more reckless moves—this year asks for **bold but well-thought-out action**.

2. Spirituality & The Body: Balancing the Subtle and the Concrete

The eclipses in the **Pisces-Virgo axis** emphasize the need to integrate **spirituality into our daily lives**. It's about finding a balance between **trusting the flow** and taking practical, disciplined steps. The divine and the mundane must **walk hand in hand**.

3. Being Both a Teacher and a Student

Jupiter enters **Cancer in June 2025**, calling us to embrace both **learning and teaching**. This will be a powerful year for mentors, educators, and anyone looking to **share wisdom**. At the same time, we are all students of life—there will be **lessons to absorb from our past, our family, and our emotions**.

4. Reconnecting with Our History and Roots

With Jupiter in Cancer, the **past becomes a guiding force**. Our **ancestry, family ties, and personal history** will be essential in shaping our future. Understanding **where we come from** will help us move forward with more confidence and clarity.

5. Authenticity & Openness to the New

With **Pluto in Aquarius** and **Uranus in Gemini**, 2025 will be a **year of massive social and collective transformations**. The world is shifting, and we're being asked to **reinvent ourselves**. Outdated paradigms? Toss them. Fear of change? No time for that. **This is the age of innovation, disruption, and radical authenticity**.

Top 10 Transits of Aries Season 2025 🚀🔥

Let's get into the **key cosmic events** shaping the first month of this new cycle:

☀️ 3.22 | Sun conjunct Venus in Aries

A powerful energy of **self-love, attraction, and creativity**. This is a time to **express yourself boldly**, take pleasure in new beginnings, and **align with what truly ignites your passion**.

🧠 3.24 | Sun conjunct Mercury in Aries

Sharp thinking, quick decisions, and direct communication. Just be mindful—Mercury is slowing down before retrograding, so **what seems clear now may need a second look later**.

🌙 3.27 | Venus (retrograde) enters Pisces

A major shift in relationships, values, and finances. **Old romantic patterns may resurface**, asking for closure or a second chance. It's a time for **deep emotional reflection** rather than impulsive action.

🔄 3.29 | Mercury (retrograde) enters Pisces

Things get a little blurry—**miscommunications, nostalgia, and intuitive downloads** will dominate. Logic takes a backseat while **dreams and intuition take center stage**. Double-check details, especially in contracts or important conversations.

🔥 3.30 | Neptune enters Aries (MAJOR transit of 2025!)

Neptune leaves Pisces after 14 years and enters Aries for the first time since 1861. This marks **a huge energetic shift**, where spirituality

becomes **more active and action-driven**. Idealism merges with courage, inspiring new movements and visions. **A call to turn dreams into reality!**

🌟 4.6 | Sun in Aries sextile Jupiter in Gemini

A day of **expansion, opportunities, and inspired action**. Luck is on your side—use this transit to **take a bold step forward!**

💡 4.7 | Mercury stations direct (retrograde over)

Clarity returns! **Delays, confusion, and miscommunications start to resolve**. Expect insights about what this retrograde period was trying to teach you.

💕 4.7 | Venus conjunct Saturn in Pisces

A reality check in love and finances. This transit asks: **What's truly worth your time and commitment?** It's about deepening meaningful connections and letting go of illusions.

🩹 4.12 | Sun conjunct Chiron in Aries

A healing moment. **Old wounds around identity, confidence, and self-worth** may surface, but this is a chance to **own your strength and reclaim your power**.

🚀 4.17 | Mars enters Leo

🔥 **Full-throttle energy!** Boldness, creativity, and confidence take center stage. It's time to **show up, take risks, and express your true self without fear**.

2025: A Year to Ignite, Reinvent & Lead 🔥

The **Astrological New Year** isn't just a symbolic reset—it's a **cosmic command** to step into our **next-level selves**. With Aries leading the

charge, this is the time to embrace **authenticity, courage, and radical new beginnings**.

But remember: **Mercury and Venus retrogrades remind us to check in with ourselves before rushing forward**. This year isn't just about moving—it's about **moving with intention**.

The Astrological New Year: What Are You Igniting?

As we step into **Aries season**, whether you celebrate the Astrological New Year, Norouz, or Harmony Day in Australia, this moment carries a universal message:

This is your time to rise.

Aries doesn't hesitate. It doesn't wait for permission. It **acts**.

So, as the cosmic fire reignites, ask yourself:

- **What new chapter am I ready to begin?**
- **Where do I need more courage?**
- **What needs to be released so I can move forward?**

The flames of Aries are burning. The universe has reset the clock. **It's time to go.**

This Astrological New Year, let Aries teach you a thing or two about just *going for it*. Trust the spark, follow the fire, and embrace the beautiful chaos of beginnings. Because every year, we are not just circling back to where we started. We're spiraling upwards, evolving, leveling up.

So here's to new starts, big energy, and a little reckless courage. **Happy Astrological New Year!**

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